Adoration of the Cross



# St. Herman of Alaska Orthodox Church

A PARISH OF THE RUSSIAN ORTHODOX CHURCH OUTSIDE OF RUSSIA—EASTERN AMERICAN DIOCESE Great Vespers & Confessions each Saturday at 6 pm – Bible Study each Wednesday at 7 pm – Divine Liturgy each Sunday at 10 am 60 Clifton Chapel Lane, Stafford, Virginia 22555 – Mailing Address: P.O. Box 1295, Stafford, VA 22555 – Website: www.sthermanorthodox.org

# **Liturgical Services/Activities:**

Sun. Mar. 11/Feb. 26 Third Sunday of the Great Lent: Adoration of the Cross.

**9:15 a.m.** Choir practice **9:30 a.m.** Reading of the Hours

10:00 a.m. Divine Liturgy followed by Fellowship Hour

Thurs. Mar. 15/Mar. 2 Hieromartyr Theodotus, bishop of Cyrenia (315 AD)

3:00 p.m. Chapel and Kitchen Clean-up

7:00 p.m. Pre-sanctified

Sat. Mar. 17/Mar. 4 Martyr Conon of Isauria (2nd c.)

**4:00 p.m.** Catechumen Class

**6:00 p.m.** Great Vespers

Sun. Mar. 18/Mar. 5 Fourth Sunday of the Great Lent: Venerable John of the Ladder

**9:15 a.m.** Choir practice **9:30 a.m.** Reading of the Hours

10:00 a.m. Divine Liturgy followed by Fellowship Hour



Great Vespers, 3/3 – 23 Divine Liturgy, 3/4 – 88 Pre-Sanctified, 3/7 – 28

### 2018 Finances

# The Parish needs \$1756.77 /week to meet budget\*

<u>Week</u> Year-to-date	Amount Received \$ 19,657.01	Difference from amount needs + \$3,846.08	<u>2d</u>
February 25	\$ 2,102.75	+ \$345.98	
March 4	\$ 2,457.31	+ \$ 700.54	

Honor the Lord from your righteous labors and offer Him the first fruits from the fruits of righteousness, that your storehouses may be filled with an abundance of grain and your wine presses may gush with wine.  $_{i}$ 

# **Intercessory Prayer List**

Metropolitan Jonah requests that you send him to full name and general reason for intercessory prayer (such as health or illness, unemployment, family issues, military deployment to Afghanistan, etc.) for his pastoral care. Only the names of the living (and recently deceased) will be included in the prayer list in the weekly bulletin. He also requests that the faithful who have requested intercessory prayers for various persons let him know when there is no longer a specific need for payer, so that we may keep the list current.

LIVING: Rebecca Laymon, Judith (Maria) Cook, Ana Rosado-Nazario, Ann Yuschak, Sarah Heitke, Dsa. Monica Pappas, Paisley Joanna Milligan, Charles Jordan, Emma Nichole Parkinson, Veronica Sirko, Rob Cornwell, Beth Baggett, Archpriest Alexander Webster, Donna Colaianni, Archpriest Michael Sekela, Patricia Connerley, Martha Connerley, Kathy Sekela, Mark Laymon, Kristin Blaylock, Janis Sergeant, Millicent Novic, Ray Liddick, Leonidas Stylianopoulos, Sophia Stylianopoulos, Chad Gallagher, Matushka Cindy Joanna Mitchell, Protodeacon Brian Patrick Mitchell, Presyytera Flora Chioros, Father Stanley Voyiazakis, Presvytera Katherine Baker, Monk Anthony (West Virginia), Archpriest George Larin, Matushka Masha Potopay, Matushka Sophia Doubleday, Evdokiya Bykon, Keyin McCarthy, James Dunham, 2LT Benjamin Stracquatanio, USA (Korea), James Puckett, Nora Milligan, Archpriest Victor Potapov, Archpriest John Nehrebecki, Archpriest Theodore Shomsky, Archimandrite Iov (Holy Trinity Monastery), Jo Ann Swift, Abbess Makaria, James and Bryce Wilt, Ryan Wilt, Logan Peters, Sandra Brown, Glen A. Cooper, Kiernan Green, Protodeacon Nicholas Lukianov, Matushka Nadejda Revitsky, Archpriest George Johnson, Lisa King Buka. Richard Buka Sr., Gene King, Howard J. Stickley, Larry Terrell, Matushka Larisa Hutnyan, Jackie Leopold, Ellaine Baron, Protodeacon Pavel Wolkow, Mother Theodora, Archpriest Alexander Veronis, James Kushiner, Michael Gann, James Scott Jr., Anders Bjorklund, Maria Papademetriou, Peter and Laura Roshak and baby Mark, Protopresbyter Valery Lukianov, Archpriest George Kallaur, Archpriest Paul Ivanov, Christina Spannic, Ksenia Resnikoff, Maximos Andreas Winans, Deacon Nicholas Pappas, Elizabeth Orlowsky, Conley Rohall, Jean Manco, Katherine Katsikas, Michael Kyle, Julia, Mark, Juanita, Marie Liller, Rachel Luckett, Hazel Menold, Jiimmy Lloyd, Jessica Anne Swift, the captive Orthodox bishops from Aleppo, Syria: His Eminence Archbishop Boulos (Yazigi) and Mar Archbishop Youhanna Ibrahim

MEMORY ETERNAL:

### **Fellowship Hour**

Mar. 11 ~ Lenten Fellowship provided Mark 8:34-9:1 by Team 2

Mar. 18 ~ Lenten Fellowship provided **Monday 3/12** by Team 3

If anyone would like to join a team or be put on the list of substitutes, or is interested in hosting a particular Sunday please contact Nancy St. Clair

### Reader Schedule

Mar. 11 ~Nicholas Sanford Mar. 15 ~ Reader Moses Swift Mar. 18 ~Reader Michael Yuschak

If you are interested in assisting with the reading and becoming a tonsured reader please contact Deacon Alexander.

### **Prosfora**

Nancy St. Clair is currently providing the Prosfora. If you are interested in helping to make Prosfora for the church, please contact Nancy St. Clair.

We are registered with two broadcast media weather alert systems: (1) television: WJLA-TV (channel 7) and News Channel 8, and (2) radio: WTOP radio (103.5, 103.9, 107.7 – all FM) and WTOP.com Any closings will also *be posted on the home page of our* website and via email to those who have asked to be on our electronic mailing list.

# Readings for the Week of Mar. 11th

### Sunday 3/11

John 20:1-10 (7th Matins Gospel) Hebrews 4:14-5:6

Isaiah 14:24-32 Genesis 8:21-9:7 Proverbs 11:19-12:6

### Tuesday 3/13

Isaiah 25:1-9 Genesis 9:8-17 Proverbs 12:8-22

# Wednesday 3/14

Isaiah 26:21-27:9 Genesis 9:18-10:1 Proverbs 12:23-13:9

### Thursday 3/15

Isaiah 28:14-22 Genesis 10:32-11:9 Proverbs 13:19-14:6

### Friday 3/16

Isaiah 29:13-23 Genesis 12:1-7 Proverbs 14:15-26

# Saturday 3/17

Hebrews 6:9-12 Mark 7:31-37

# Upcoming Visit of the holy Icon, Softener of **Evil Hearts**

On Thursday the 15th, we will have the visit of the holy Icon, Softener of Evil Hearts. At 7 pm we will serve the Presanctified Liturgy in the presence of the Icon.



# **Needs for Pascha Vespers**

On Holy Pascha our parish traditionally celebrates with Vespers at 2 PM in a parishioner's home followed by a potluck feast. We are looking for a volunteer to host this grand event on 8 March. During the Vespers Service we will also need volunteers to read the assigned Gospel lesson from St. John in as many languages as we can. For this service any Orthodox Christian is eligible to do the reading. If you are interested in hosting this event, reading the lesson in a language other than English or if you would like additional information, please contact Deacon Alexander.

When, then, you make the sign of the cross on the forehead, arm yourself with a saintly boldness, and reinstall your soul in its old liberty; for you are not ignorant that the cross is a prize beyond all price.

Consider what is the price given for your ransom, and you will never more be slave to any man on earth. This reward and ransom is the cross. You should not then, carelessly make the sign on the forehead, but you should impress it on your heart with the love of a fervent faith. Nothing impure will dare to molest you on seeing the weapon, which overcometh all things.

+ St. John Chrysostom

# Contemplative Prayer A Lenten Retreat

Led by Metropolitan Jonah Saturday, March 24th At St. Herman of Alaska Orthodox Church

9:30a.m.--5:00 p.m.

Akathist Hymn to the Theotokos *Followed by the Divine Liturgy* Lunch provided

# Meditations and Discussion on the Prayer of Stillness

Please R.S.V.P. to <a href="mailto:orthodoxchristianretreat@gmail.com">orthodoxchristianretreat@gmail.com</a> Registration: \$35

All are Welcome!

**Chapel and Kitchen Cleaning** Thursday March 15th 3:00 PM



Please let Nancy St. Clair know if you can come and help.

A Little Daylight Savings Humor...

Baptists are exempt from #daylightsavings on religious grounds. That hour was saved last year and once saved always saved.