



Sunday, August 12, 2018

St. Herman of Alaska Orthodox Church

A PARISH OF THE RUSSIAN ORTHODOX CHURCH OUTSIDE OF RUSSIA—EASTERN AMERICAN DIOCESE

Great Vespers & Confessions each Saturday at 6 pm – Bible Study each Wednesday at 7 pm – Divine Liturgy each Sunday at 10 am

60 Clifton Chapel Lane, Stafford, Virginia 22555 – Mailing Address: P.O. Box 1295, Stafford, VA 22555 – Website: www.sthermanorthodox.org

Liturgical Services/Activities:

Sun. Aug. 19/July 30	<u>12th Sunday after Pentecost, Dormition (Theotokos) Fast. The Holy Transfiguration of Our Lord, God and Saviour Jesus Christ</u> 9:00 a.m. Baptism 9:30 a.m. Reading of the Hours 10:00 a.m. Divine Liturgy followed by Fellowship Hour
Wed. Aug. 22/Aug. 2	<u>Apostle Matthias (63 AD)</u> 7:00 p.m. Adult Religious Education Class
Sat. Aug. 25/Aug. 5	<u>St. Tikhon (Tychon), bishop of Voronezh, wonderworker of Zadonsk and All Russia (1783 AD)</u> 4:30 p.m. Catechism Class 6:00 p.m. Great Vespers
Sun. Aug. 26/Aug. 6	<u>13th Sunday after Pentecost, Dormition (Theotokos) Fast. Venerable Maximus the Confessor (662 AD)</u> 9:15 a.m. Choir Practice 9:30 a.m. Reading of the Hours 10:00 a.m. Divine Liturgy followed by Fellowship Hour



The Holy Transfiguration of Our Lord, God and Saviour Jesus Christ.

Attendance

Great Vespers, 8/11 – 9 Divine Liturgy, 8/12 – 50

2018 Finances

The Parish needs \$1756.77 /week to meet budget*

<u>Week</u>	<u>Amount Received</u>	<u>Difference from amount needed</u>
Year-to-date	\$ 60,302.16	+ \$ 8,732.52
August 5	\$ 4,638.00	+ \$ 2,881.23
August 12	\$ 1,864.00	+ \$ 107.23

Honor the Lord from your righteous labors and offer Him the first fruits from the fruits of righteousness, that your storehouses may be filled with an abundance of grain and your wine presses may gush with wine. ı

Intercessory Prayer List

Metropolitan Jonah requests that you send him to full name and general reason for intercessory prayer (such as health or illness, unemployment, family issues, military deployment to Afghanistan, etc.) for his pastoral care. Only the names of the living (and recently deceased) will be included in the prayer list in the weekly bulletin. He also requests that the faithful who have requested intercessory prayers for various persons let him know when there is no longer a specific need for prayer, so that we may keep the list current.

LIVING: Met. Jonah, Rebecca Laymon, Judith (Maria) Cook, Ana Rosado-Nazario, Ann Yuschak, Sarah Heitke, Dsa. Monica Pappas, Paisley Joanna Milligan, Charles Jordan, Emma Nichole Parkinson, Rob Cornwell, Beth Baggett, Archpriest Alexander Webster, Katie (Salome) Supples, Robert Jenkins, Sarah Elizabeth Cook, Father Methodius, Donna Colaiani, Archpriest Michael Sekela, Patricia Connerley, Martha Connerley, Kathy Sekela, Mark Laymon, Kristin Blaylock, Janis Sergeant, Millicent Novic, Ray Liddick, Chad Gallagher, Matushka Cindy Joanna Mitchell, Protodeacon Brian Patrick Mitchell, Presvytera Flora Chioros, Father Stanley Voyiazakis, Monk Anthony (West Virginia), Archpriest George Larin, Matushka Masha Potopav, Matushka Sophia Doubleday, Evdokiya Bykon, Kevin McCarthy, James Dunham, James Puckett, Nora Milligan, Archpriest Victor Potapov, Archpriest Theodore Shomsky, Archimandrite Iov (Holy Trinity Monastery), Jo Ann Swift, Abbess Makaria, James and Bryce Wilt, Ryan Wilt, Logan Peters, Sandra Brown, Glen A. Cooper, Kiernan Green, Protodeacon Nicholas Lukianov, Matushka Nadejda Revitsky, Archpriest George Johnson, Lisa King Buka. Richard Buka Sr., Gene King, Larry Terrell, Matushka Larisa Hutnyan, Jackie Leopold, Ellaine Baron, Protodeacon Pavel Wolkow, Mother Theodora, Archpriest Alexander Veronis, James Kushiner, Michael Gann, Anders Bjorklund, Maria Papademetriou, Peter and Laura Roshak and baby Mark, Archpriest George Kallaur, Archpriest Paul Ivanov, Christina Spannic, Ksenia Resnikoff, Maximos Andreas Winans, Deacon Nicholas Pappas, Elizabeth Orlowsky, Conley Rohall, Jean Manco, Katherine Katsikas, Michael Kyle, Julia, Mark, Juanita, Marie Liller, Jimmy Lloyd, Jessica Anne Swift, Matushka Eugenia Neherbecki, Homer Lewis, James Perry, Debbie Vatisas, George Katsikas, Timothy Vlahos, Vasilliki, Wallace Sullivan, the captive Orthodox bishops from Aleppo, Syria: His Eminence Archbishop Boulos (Yazigi) and Mar Archbishop Youhanna Ibrahim

MEMORY ETERNAL: Aggeliki, Linda Gale Jordan, Nicholas Gramenopolous, Argyroula, Demetrios, Howard J. Stickley



Fellowship Hour

Aug. 19 ~ Fellowship provided by Team 3
 Aug. 26 ~ Fellowship provided by Team 4

If anyone would like to join a team or be put on the list of substitutes, or is interested in hosting a particular Sunday please contact Nancy St. Clair.



Reader Schedule

Aug. 19 ~ Subdeacon Joseph Sirko
 Aug. 26 ~ Reader Nicholas Sanford

If you are interested in assisting with the reading and becoming a tonsured reader please contact Deacon Alexander.



Prosfora

Nancy St. Clair is currently providing the Prosfora. If you are interested in helping to make Prosfora for the church, please contact Nancy St. Clair.

We are registered with two broadcast media weather alert systems: (1) television: WJLA-TV (channel 7) and News Channel 8, and (2) radio: WTOP radio (103.5, 103.9, 107.7 – all FM) and WTOP.com Any closings will also be posted on the home page of our website and via email to those who have asked to be on our electronic mailing list.

Readings for the Week of August 19th

Sunday 8/19

Luke 9:28-36 Matins Gospel
 2 Peter 1:10-19
 Matthew 17:1-9

Monday 8/20

John 10:1-9 Matins Gospel
 2 Corinthians 8:7-15
 Mark 3:6-12
 Hebrews 7:26-8:2 St. Metrophanes
 John 10:9-16 St. Metrophanes

Tuesday 8/21

2 Corinthians 8:16-9:5
 Mark 3:13-19

Wednesday 8/22

John 21:15-25 Matins Gospel
 2 Corinthians 9:12-10:7
 Mark 3:20-27
 Acts 1:12-17, 21-26 Apostle
 Luke 9:1-6 Apostle

Thursday 8/23

2 Corinthians 10:7-18
 Mark 3:28-35

Friday 8/24

2 Corinthians 11:5-21
 Mark 4:1-9

Saturday 8/25

1 Corinthians 2:6-9
 Matthew 22:15-22

Two Worthy Donation Requests from Fr. Alexander

First, the GoFundMe page for rising 3rd year seminarian at HTOS, Jorge Luc-Martin, to help pay for his mounting surgical / medical costs pertaining to the return of his cancer (lip--previously entire nose): <https://www.gofundme.com/>

Second, the appeal to reach \$50,000 (to be matched dollar for dollar by a very generous contributor) for ten \$10,000 full-tuition and books scholarships for the tens students admitted to the new HTOS Master of Divinity degree program beginning in September 2018. We are just a few thousand short of the goal!: <https://hts.edu/>

These will also be listed and linked in the weekly bulletin that comes through email for ease of following the links.



Holistic Orthodoxy

Our Orthodoxy must be holistic in practice

As an adjective, the word holistic is characterized by the comprehension of the parts of something as intimately interconnected and explicable only by reference to the whole. Holistic Medicine is characterized by the treatment of the whole person, taking into account mental and social factors, rather than just the physical symptoms of a disease. Our life in the Church must reflect the same interconnectedness of every aspect of our daily living.

Because Orthodoxy is “holistic,” in nature, our living out this Faith should not be confined to Sunday mornings. If we were a pianist, and made our living playing with a orchestra, we wouldn’t think of going through a week without daily practice, for we’d not be in the orchestra for long. As well, a marriage that is not worked at, on a daily basis, is doomed to ultimate failure, for a relationship between two people, requires twenty-four hour commitment.

Likewise, if we expect to have a relationship with God, we have to treat our spiritual life as something important, something that we are committed to. An occasional Liturgy, does not suffice if we expect to grow in Faith and Wisdom. For our Orthodoxy to be holistic, it must become a part of every aspect of our daily living. We can not confine our Orthodoxy to public services in the temple, but must make sure it includes every part of our day. From time with family and friends, to meals shared with others, and even in our work place, Orthodoxy must be at the core of our being.

Just as our physical health depends on healthy eating, exercise, and a proper amount of sleep, so our spiritual health requires a holistic approach that includes time for prayer, spiritual reading, and acts of kindness that express our love for God for those whom we encounter during any given day, and communal worship with other believers.

With love and blessings,
 Abbot Tryphon

Taken from: <https://blogs.ancientfaith.com/morningoffering/2018/08/holistic-orthodoxy/>



“Do we refuse to forgive? God, too, will refuse to forgive us. As we treat our neighbours, so also does God treat us. The forgiveness or unforgiveness of your sins, then, and hence also your salvation or destruction, depend on you yourself. For without forgiveness of sins there is no salvation. You can see for yourself how serious it is.”

— St. Tikhon of Zadonsk, [*Journey to Heaven: Counsels on the Particular Duties of Every Christian*](#)