



Sunday, November 18, 2018

# St. Herman of Alaska Orthodox Church

A PARISH OF THE RUSSIAN ORTHODOX CHURCH OUTSIDE OF RUSSIA—EASTERN AMERICAN DIOCESE

Great Vespers & Confessions each Saturday at 6 pm – Bible Study each Wednesday at 7 pm – Divine Liturgy each Sunday at 10 am

60 Clifton Chapel Lane, Stafford, Virginia 22555 – Mailing Address: P.O. Box 1295, Stafford, VA 22555 – Website: [www.sthermanorthodox.org](http://www.sthermanorthodox.org)

## Liturgical Services/Activities:

**Sun. Nov. 18/Nov. 5** **25<sup>th</sup> Sunday after Pentecost. Martyrs Galacteon and his wife Episteme at Emesa (253 AD)**

**9:15 a.m.** Choir Practice

**9:30 a.m.** Reading of the Hours

**10:00 a.m.** Divine Liturgy followed by Fellowship Hour

**Wed. Nov. 21/Nov. 8** **Synaxis of the Archangel Michael and the other Bodiless Powers: the Archangels Gabriel, Raphael, Uriel, Salaphiel, Jegudiel, Barachiel, and Jeremiel.**

*No Adult Religious Education Class*

**Sat. Nov. 24/Nov. 11** **Venerable Nilus the Faster of Sinai (451 AD)**

**4:30 p.m.** Catechumen Class

**6:00 p.m.** Great Vespers.

**Sun. Nov. 25/Nov. 12** **26<sup>th</sup> Sunday after Pentecost. St. John the Merciful, patriarch of Alexandria (620 AD)**

**8:15 a.m.** Choir Practice

**9:00 a.m.** Baptism of James Supples

**9:30 a.m.** Reading of the Hours

**10:00 a.m.** Divine Liturgy followed by Fellowship Hour



*Martyrs Galacteon and his wife Episteme*

## Attendance

Readers Vespers, 11/10 – 17

Divine Liturgy, 11/11 – 75

## 2018 Finances

**The Parish needs \$1756.77 /week to meet budget\***

<u>Week</u>	<u>Amount Received</u>	<u>Difference from amount needed</u>
Year-to-date	\$ 86,020.93	+ \$ 11,586.28
November 4	\$ 2,753.53	+ 996.76
November 11	\$ 1,383.00	- 373.77

*Honor the Lord from your righteous labors and offer Him the first fruits from the fruits of righteousness, that your storehouses may be filled with an abundance of grain and your wine presses may gush with wine. j*

## Intercessory Prayer List

*Metropolitan Jonah requests that you send him to full name and general reason for intercessory prayer (such as health or illness, unemployment, family issues, military deployment to Afghanistan, etc.) for his pastoral care. Only the names of the living (and recently deceased) will be included in the prayer list in the weekly bulletin. He also requests that the faithful who have requested intercessory prayers for various persons let him know when there is no longer a specific need for payer, so that we may keep the list current.*

LIVING: Met. Jonah, Rebecca Laymon, Judith (Maria) Cook, Ana Rosado-Nazario, Ann Yuschak, Sarah Heitke, Presbyteria Monica Pappas, Paisley Joanna Milligan, Charles Jordan, Emma Nichole Parkinson, Rob Cornwell, Beth Baggett, Archpriest Alexander Webster, Katie (Salome) Supples, Robert Jenkins, Sarah Elizabeth Francis, Father Methodius, Donna Colaianne, Archpriest Michael Sekela, Patricia Connerley, Martha Connerley, Kathy Sekela, Mark Laymon, Kristin Blaylock, Janis Sergeant, Millicent Novic, Ray Liddick, Chad Gallagher, Matushka Cindy Joanna Mitchell, Protodeacon Brian Patrick Mitchell, Presvytera Flora Chioros, Father Stanley Voyiazakis, Monk Anthony (West Virginia), Archpriest George Larin, Matushka Masha Potopav, Matushka Sophia Doubleday, Evdokiya Bykon, Kevin McCarthy, James Dunham, James Puckett, Nora Milligan, Archpriest Victor Potapov, Archpriest Theodore Shomsky, Archimandrite Iov (Holy Trinity Monastery), Jo Ann Swift, Abbess Makaria, James and Bryce Wilt, Ryan Wilt, Logan Peters, Sandra Brown, Glen A. Cooper, Kiernan Green, Protodeacon Nicholas Lukianov, Matushka Nadejda Revitsky, Archpriest George Johnson, Lisa King Buka, Richard Buka Sr., Gene King, Larry Terrell, Matushka Larisa Hutnyan, Jackie Leopold, Ellaine Baron, Protodeacon Pavel Wolkow, Mother Theodora, Archpriest Alexander Veronis, James Kushiner, Michael Gann, Anders Bjorklund, Maria Papademetriou, Peter and Laura Roshak and baby Mark, Archpriest George Kallaur, Archpriest Paul Ivanov, Christina Spannic, Ksenia Resnikoff, Maximos Andreas Winans, Deacon Nicholas Pappas, Elizabeth Orłowsky, Conley Rohall, Jean Manco, Katherine Katsikas, Michael Kyle, Julia, Mark, Juanita, Marie Liller, Jessica Anne Swift, Matushka Eugenia Neherbecki, Homer Lewis, James Perry, Debbie Vatis, George Katsikas, Timothy Vlahos, Vasilliki, Wallace Sullivan, Olga Thuer, Photios, Maria, Yiorgos, Vasiliki, Aggeliki, Ioanna and Konstantinos Dimitrakopoulou, Kaliope Sauter, Maria and Evaggelia Petrelli, the captive Orthodox bishops from Aleppo, Syria: His Eminence Archbishop Boulos (Yazigi) and Mar Archbishop Youhanna Ibrahim

MEMORY ETERNAL: Theodoros Sakkis, Konstantinos Katsifas



### Fellowship Hour

Nov. 18 ~ Fellowship provided by Team 3

Nov. 25 ~ Fellowship provided by Team 4

If anyone would like to join a team or be put on the list of substitutes, or is interested in hosting a particular Sunday please contact Nancy St. Clair.



### Reader Schedule

Nov. 18 ~ Reader Moses Swift

Nov. 25 ~ Reader John Raccanello

If you are interested in assisting with the reading and becoming a tonsured reader please contact Deacon Alexander.



### Prosfora

Nancy St. Clair is currently providing the Prosfora. If you are interested in helping to make Prosfora for the church, please contact Nancy St. Clair.

### Readings for the Week of November 18<sup>th</sup>

#### Sunday 11/18

Mark 16:9-20 (3rd Matins Gospel)  
Ephesians 4:1-6  
Luke 8:41-56

#### Monday 11/19

1 Timothy 1:1-7  
Luke 12:13-15, 22-31

#### Tuesday 11/20

1 Timothy 1:8-14  
Luke 12:42-48  
Wednesday Reading  
1 Timothy 1:18-20; 2:8-15  
Luke 12:48-59

#### Wednesday 11/21

Matthew 13:24-30, 36-43 Matins Gospel  
Hebrews 2:2-10 Epistle, *Angels*  
Luke 10:16-21 Gospel, *Angel*

#### Thursday 11/22

1 Timothy 3:1-13  
Luke 13:1-9

#### Friday 11/23

1 Timothy 4:4-8, 16  
Luke 13:31-35

#### Saturday 11/24

Galatians 3:8-12  
Luke 9:37-43

### Sunday School Upcoming Dates!

There will be no class next week, November 25<sup>th</sup>. Classes will resume on December 2<sup>nd</sup>.

December 16th will be our last class until we resume on January 13th.

### St. Nicholas Party December 16th!

Our St. Nicholas party will be December 16th. We will have class on that day to learn the St. Nicholas song and hopefully sing it in tune;) for everyone in the fellowship hall and then have a little party. I ordered the gold coins and will talk to Stella about the gift cards but we will need some type of gift bag/envelope/card to wrap/hold the gold coins and safely deliver the gift cards without them getting lost inside a bag of candy. I think this may have been discussed during one of the Sisterhood meetings so if someone was planning on it already or would like to prepare bags let me know. If not, I will gladly take care of it. I was wondering though if someone would like to coordinate the food and drinks for the party? I'm not sure how it has been done in the past and I can definitely bring something but if someone could help with the planning that would be great. Thank you!



Cleanup day for the Chapel, Hall and church grounds is Dec. 8<sup>th</sup> at 10:00 AM.

Rain date will be on Dec. 15<sup>th</sup>.

All are invited to attend the baptism of John Supples, son of Brian and Katie Supples, next week, November 25<sup>th</sup>, here at St. Herman's at 9:00 a.m.

*We are registered with two broadcast media weather alert systems: (1) television: WJLA-TV (channel 7) and News Channel 8, and (2) radio: WTOP radio (103.5, 103.9, 107.7 – all FM) and WTOP.com Any closings will also be posted on the home page of our website and via email to those who have asked to be on our electronic mailing list.*

"When you sit down to eat, pray. When you eat bread, do so thanking Him for being so generous to you. If you drink wine, be mindful of Him who has given it to you for your pleasure and as a relief in sickness. When you dress, thank Him for His kindness in providing you with clothes. When you look at the sky and the beauty of the stars, throw yourself at God's feet and adore Him who in His wisdom has arranged things in this way. Similarly, when the sun goes down and when it rises, when you are asleep or awake, give thanks to God, who created and arranged all things for your benefit, to have you know, love and praise their Creator."

— St. Basil the Great

### The Banquet of the Lord: The Importance of Preparing for the Divine Liturgy

That the Church requires us to prepare to receive the Holy Mysteries of the Body and Blood of Christ, prior to the celebration of the Divine Liturgy, by saying the Pre-Communion Prayers, is a given. The Church also requires us to fast from midnight on, abstaining from either food or drink, until after we have received the Body and Blood of our Saviour. The only exception is when we must, because of health issues, eat or drink something, and this must be blessed by our confessor or priest.

Although not required, if we read the appointed Epistle and Gospel readings prior to entering into the Liturgy, the Word can better enter the heart, for when hearing God's Word for the second time, we are more receptive, and the Word penetrates deeply.

Perhaps the most important preparation we must make before attending the Divine Liturgy, is to be sure we are at peace with all our brothers and sisters. We dare not approach the chalice with malice or hatred towards anyone, nor can we receive the Holy Gifts with a heart that has refused to forgive those who have hurt or offended us. An important part of forgiving others, is for us to seek forgiveness. Thus, frequent confession is an imperative.

Participating in the Divine Liturgy is a great privilege, for in this service we are entering into a place where there is neither time nor space, and where we are worshipping the Holy Trinity, together with the hosts of heaven.

In the Liturgy, encounter God in a way that is beyond human comprehension, for we are invited to commune with our Creator in the most intimate way. To approach the Holy Mysteries (Communion) without thought, as though we were simply going to a movie, is beyond foolishness. To receive the "hot coals" that is meant to transform us, and make us whole, without proper preparation, is a very dangerous thing to do.

Love in Christ,  
Abbot Tryphon

*Taken from <https://blogs.ancientfaith.com/morningoffering/2018/11/the-banquet-of-the-lord-6/>*