

# St. Herman of Alaska Orthodox Church

A PARISH OF THE RUSSIAN ORTHODOX CHURCH OUTSIDE OF RUSSIA—EASTERN AMERICAN DIOCESE Great Vespers & Confessions each Saturday at 6 pm – Bible Study each Wednesday at 7 pm – Divine Liturgy each Sunday at 10 am 60 Clifton Chapel Lane, Stafford, Virginia 22555 – Mailing Address: P.O. Box 1295, Stafford, VA 22555 – Website: www.sthermanorthodox.org

# **Liturgical Services/Activities:**

Sun. Mar. 18/Mar. 5 Fourth Sunday of the Great Lent: Venerable John of the

<u>Ladder</u>

9:15 a.m. Choir practice9:30 a.m. Reading of the Hours

10:00 a.m. Divine Liturgy followed by Fellowship Hour

Wed. Mar. 21/Mar. 8 Venerable Theophylactus, bishop of Nicomedia (845 AD)

7:00 p.m. Pre-sanctified

Sat. Mar. 24/Mar. 11 <u>Venerable Theophanes the Confessor of Sigriane (818 AD)</u>

**9:30 a.m.** Lenten Retreat on Contemplative Prayer, beginning

with Akathist Hymn to the Theotokos, followed by

**6:00 p.m.** Divine Liturgy Great Vespers

Sun. Mar. 25/Mar. 12 Fifth Sunday of the Great Lent: Venerable Mary of Egypt

**9:15 a.m.** Choir practice **9:30 a.m.** Reading of the Hours

10:00 a.m. Divine Liturgy followed by Fellowship Hour



Reader's Vespers, 3/10 – 4 Divine Liturgy, 3/11 – 58 Pre-Sanctified, 3/15 – 52

#### 2018 Finances

## The Parish needs \$1756.77 /week to meet budget\*

<u>Week</u>	Amount Received	Difference from amount needed
Year-to-date	\$ 20,735.21	+ \$3,167.51
March 4	\$ 2,457.31	+ \$ 700.54
March 11	\$ 1,078.20	- \$ 678.57

Honor the Lord from your righteous labors and offer Him the first fruits from the fruits of righteousness, that your storehouses may be filled with an abundance of grain and your wine presses may gush with wine.

### **Intercessory Prayer List**

Metropolitan Jonah requests that you send him to full name and general reason for intercessory prayer (such as health or illness, unemployment, family issues, military deployment to Afghanistan, etc.) for his pastoral care. Only the names of the living (and recently deceased) will be included in the prayer list in the weekly bulletin. He also requests that the faithful who have requested intercessory prayers for various persons let him know when there is no longer a specific need for payer, so that we may keep the list current.

LIVING: Rebecca Laymon, Judith (Maria) Cook, Ana Rosado-Nazario, Ann Yuschak, Sarah Heitke, Dsa. Monica Pappas, Paisley Joanna Milligan, Charles Jordan, Emma Nichole Parkinson, Rob Cornwell, Beth Baggett, Archpriest Alexander Webster, Donna Colaianni, Archpriest Michael Sekela, Patricia Connerley, Martha Connerley, Kathy Sekela, Mark Laymon, Kristin Blaylock, Janis Sergeant, Millicent Novic, Ray Liddick, Leonidas Stylianopoulos, Sophia Stylianopoulos, Chad Gallagher, Matushka Cindy Joanna Mitchell, Protodeacon Brian Patrick Mitchell, Presvytera Flora Chioros, Father Stanley Voyiazakis, Presvytera Katherine Baker, Monk Anthony (West Virginia), Archoriest George Larin, Matushka Masha Potopay, Matushka Sophia Doubleday, Evdokiya Bykon, Kevin McCarthy, James Dunham, 2LT Benjamin Stracquatanio, USA (Korea), James Puckett, Nora Milligan, Archpriest Victor Potapov, Archpriest John Nehrebecki, Archpriest Theodore Shomsky, Archimandrite Iov (Holy Trinity Monastery), Jo Ann Swift, Abbess Makaria, James and Bryce Wilt, Ryan Wilt, Logan Peters, Sandra Brown, Glen A. Cooper, Kiernan Green, Protodeacon Nicholas Lukianov, Matushka Nadejda Revitsky, Archpriest George Johnson, Lisa King Buka. Richard Buka Sr., Gene King, Howard J. Stickley, Larry Terrell, Matushka Larisa Hutnyan, Jackie Leopold, Ellaine Baron, Protodeacon Pavel Wolkow, Mother Theodora, Archpriest Alexander Veronis, James Kushiner, Michael Gann, James Scott Jr., Anders Bjorklund, Maria Papademetriou, Peter and Laura Roshak and baby Mark, Protopresbyter Valery Lukianov, Archpriest George Kallaur, Archpriest Paul Ivanov, Christina Spannic, Ksenia Resnikoff, Maximos Andreas Winans, Deacon Nicholas Pappas, Elizabeth Orlowsky, Conley Rohall, Jean Manco, Katherine Katsikas, Michael Kyle, Julia, Mark, Juanita, Marie Liller, Rachel Luckett, Hazel Menold, Jiimmy Lloyd, Jessica Anne Swift, the captive Orthodox bishops from Aleppo, Syria: His Eminence Archbishop Boulos (Yazigi) and Mar Archbishop Youhanna Ibrahim

MEMORY ETERNAL:

# **Fellowship Hour**

Mar. 18 ~ Lenten Fellowship provided Mark 9:17-31 by Team 3

Mar. 25 ~ Lenten Fellowship provided **Monday 3/19** by Team 4

If anyone would like to join a team or be put on the list of substitutes, or is interested in hosting a particular Sunday please contact Nancy St. Clair.

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#### Reader Schedule

Mar. 18 ~Reader Michael Yuschak Mar. 21 ~ Nicholas Sanford Mar. 25 ~Reader Stephen Terrell

If you are interested in assisting with the reading and becoming a tonsured reader please contact Deacon Alexander.

#### **Prosfora**

Nancy St. Clair is currently providing the Prosfora. If you are interested in helping to make Prosfora for the church, please contact Nancy St. Clair.

We are registered with two broadcast media weather alert systems: (1) television: WJLA-TV (channel 7) and News Channel 8, and (2) radio: WTOP radio (103.5, 103.9, 107.7 – all FM) and WTOP.com Any closings will also *be posted on the home page of our* website and via email to those who have asked to be on our electronic mailing list.

# Readings for the Week of Mar. 18th

## **Sunday 3/18**

John 20:11-18 (8th Matins Gospel) Hebrews 6:13-20

Isaiah 37:33-38:6 Genesis 13:12-18 Proverbs 14:27-15:4

#### Tuesday 3/20

Isaiah 40:18-31 Genesis 15:1-15 Proverbs 15:7-19

# Wednesday 3/21

Isaiah 41:4-14 Genesis 17:1-9 Proverbs 15:20-16:9

## Thursday 3/22

Isaiah 42:5-16 Genesis 18:20-33 Proverbs 16:17-17:17

# Friday 3/23

Isaiah 45:11-17 Genesis 22:1-18 Proverbs 17:17-18:5

# Saturday 3/24

Hebrews 9:24-28 Mark 8:27-31

# **Needs for Pascha Vespers**

On Holy Pascha our parish traditionally celebrates with Vespers at 2 PM in a parishioner's home followed by a potluck feast. We are looking for a volunteer to host this grand event on 8 March. During the Vespers Service we will also need volunteers to read the assigned Gospel lesson from St. John in as many languages as we can. For this service any Orthodox Christian is eligible to do the reading. If you are interested in hosting this event, reading the lesson in a language other than English or if you would like additional information, please contact Deacon Alexander.

# **Contemplative Prayer** A Lenten Retreat

Led by Metropolitan Jonah Saturday, March 24th At St. Herman of Alaska Orthodox Church

9:30a.m.--5:00 p.m.

Akathist Hymn to the Theotokos Followed by the Divine Liturgy Lunch provided

# Meditations and Discussion on the Prayer of Stillness

Please R.S.V.P. to orthodoxchristianretreat@gmail.com Registration: \$35

All are Welcome!

Do not be surprised if you fall every day and do not surrender. Stand your ground bravely and you may be sure that your quardian angel will respect your endurance. A fresh, warm wound is easier to heal than those that are old, neglected, and festering, and that need extensive treatment, surgery, bandaging and cauterization. Long neglect can render many of them incurable. However, all things are possible with God (cf. Mt. 19:26).

+ St. John Climacus

# **Items Needed for Fellowship**

Hot Cups and Cold Cups Dessert Plates

## Visit of the Holy Icon of the Theotokos, Softener of Evil Hearts







