



Sunday, March 4, 2018

# St. Herman of Alaska Orthodox Church

A PARISH OF THE RUSSIAN ORTHODOX CHURCH OUTSIDE OF RUSSIA—EASTERN AMERICAN DIOCESE

Great Vespers & Confessions each Saturday at 6 pm – Bible Study each Wednesday at 7 pm – Divine Liturgy each Sunday at 10 am

60 Clifton Chapel Lane, Stafford, Virginia 22555 – Mailing Address: P.O. Box 1295, Stafford, VA 22555 – Website: [www.sthermanorthodox.org](http://www.sthermanorthodox.org)

## Liturgical Services/Activities:

Sun. Mar. 4/Feb. 19

**Second Sunday of the Great Lent: St. Gregory Palamas the Archbishop of Thessalonica**

**9:15 a.m.** Choir practice

**9:30 a.m.** Reading of the Hours

**10:00 a.m.** Divine Liturgy followed by Fellowship Hour

Wed. Mar. 7/Feb. 22

**Martyrs Maurice and his son Photinus, and Martyrs Theodore, Philip, & 70 soldiers, at Apamea in Syria (305 AD)**

**7:00 p.m.** Pre-sanctified

Sat. Mar. 10/Feb. 25

**St. Porphyrius, bishop of Gaza (420 AD)**

**6:00 p.m.** Readers Vespers (*No confessions taken tonight*)

Sun. Mar. 11/Feb. 26

**Third Sunday of the Great Lent: Adoration of Cross.**

**9:15 a.m.** Choir practice

**9:30 a.m.** Reading of the Hours

**10:00 a.m.** Divine Liturgy followed by Fellowship Hour



*The Sunday of St. Gregory Palamas*

## Attendance

Great Vespers, 2/24 – 23

Divine Liturgy, 2/25 – 74

Pre-Sanctified, 2/28 – 29

## 2018 Finances

**The Parish needs \$1756.77 /week to meet budget\***

<u>Week</u>	<u>Amount Received</u>	<u>Difference from amount needed</u>
Year-to-date	\$ 17,199.70	+ \$ 3,145.54
February 18	\$ 831.00	- <b>\$925.77</b>
February 25	\$ 2,102.75	+ \$345.98

*Honor the Lord from your righteous labors and offer Him the first fruits from the fruits of righteousness, that your storehouses may be filled with an abundance of grain and your wine presses may gush with wine. j*

## Intercessory Prayer List

*Metropolitan Jonah requests that you send him to full name and general reason for intercessory prayer (such as health or illness, unemployment, family issues, military deployment to Afghanistan, etc.) for his pastoral care. Only the names of the living (and recently deceased) will be included in the prayer list in the weekly bulletin. He also requests that the faithful who have requested intercessory prayers for various persons let him know when there is no longer a specific need for payer, so that we may keep the list current.*

LIVING: Rebecca Laymon, Judith (Maria) Cook, Ana Rosado-Nazario, Ann Yuschak, Sarah Heitke, Dsa. Monica Pappas, Paisley Joanna Milligan, Charles Jordan, Emma Nichole Parkinson, Veronica Sirko, Rob Cornwell, Beth Baggett, Archpriest Alexander Webster, Donna Colaianne, Archpriest Michael Sekela, Patricia Connerley, Martha Connerley, Kathy Sekela, Mark Laymon, Kristin Blaylock, Janis Sergeant, Millicent Novic, Ray Liddick, Leonidas Stylianopoulos, Sophia Stylianopoulos, Chad Gallagher, Matushka Cindy Joanna Mitchell, Protodeacon Brian Patrick Mitchell, Presvytera Flora Chioros, Father Stanley Voyiazakis, Presvytera Katherine Baker, Monk Anthony (West Virginia), Archpriest George Larin, Matushka Masha Potopav, Matushka Sophia Doubleday, Evdokiya Bykon, Kevin McCarthy, James Dunham, 2LT Benjamin Stracquatanio, USA (Korea), James Puckett, Nora Milligan, Archpriest Victor Potapov, Archpriest John Nehrebecki, Archpriest Theodore Shomsky, Archimandrite Iov (Holy Trinity Monastery), Jo Ann Swift, Abbess Makaria, James and Bryce Wilt, Ryan Wilt, Logan Peters, Sandra Brown, Glen A. Cooper, Kiernan Green, Protodeacon Nicholas Lukianov, Matushka Nadejda Revitsky, Archpriest George Johnson, Lisa King Buka. Richard Buka Sr., Gene King, Howard J. Stickley, Larry Terrell, Matushka Larisa Hutnyan, Jackie Leopold, Ellaine Baron, Protodeacon Pavel Wolkow, Mother Theodora, Archpriest Alexander Veronis, James Kushiner, Michael Gann, James Scott Jr., Anders Bjorklund, Maria Papademetriou, Peter and Laura Roshak and baby Mark, Protopresbyter Valery Lukianov, Archpriest George Kallaur, Archpriest Paul Ivanov, Christina Spannic, Ksenia Resnikoff, Maximos Andreas Winans, Deacon Nicholas Pappas, Elizabeth Orlovsky, Conley Rohall, Jean Manco, Katherine Katsikas, Michael Kyle, Julia, Mark, Juanita, Marie Liller, Rachel Luckett, Hazel Menold, Jjimmy Lloyd, Jessica Anne Swift, the captive Orthodox bishops from Aleppo, Syria: His Eminence Archbishop Boulos (Yazigi) and Mar Archbishop Youhanna Ibrahim

MEMORY ETERNAL:

## Many Years!

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### Fellowship Hour

Mar. 4 ~ Lenten Fellowship provided by Team 1  
Mar. 10 ~ Lenten Fellowship provided by Team 2

If anyone would like to join a team or be put on the list of substitutes, or is interested in hosting a particular Sunday please contact Nancy St. Clair.

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### Reader Schedule

Mar. 4 ~ Reader Stephen Terrell  
Mar. 7 ~ Joseph Sirko  
Mar. 11 ~ Nicholas Sanford

If you are interested in assisting with the reading and becoming a tonsured reader please contact Deacon Alexander.

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### Prosfora

Nancy St. Clair is currently providing the Prosfora. If you are interested in helping to make Prosfora for the church, please contact Nancy St. Clair.

We are registered with two broadcast media weather alert systems: (1) television: WJLA-TV (channel 7) and News Channel 8, and (2) radio: WTOP radio (103.5, 103.9, 107.7 – all FM) and WTOP.com Any closings will also be posted on the home page of our website and via email to those who have asked to be on our electronic mailing list.

### Names Days

2 Tad St. Clair  
8 Wilmary Daou  
14 Felicity Lowe  
30 Patrick St. Clair  
Roy Patrick St. Clair

### Birthdays

1 Sophia Evanisko  
5 Caitlin DeMarco  
6 Gregory Cornwell  
7 Anna Geracoulis  
11 Katie Rushin  
14 Felicity Lowe  
17 Areti Stylianopoulos  
22 Erik Laymon  
28 Kristin Milligan  
Anastasia Yuschak

### Anniversaries

24 Joseph & Veronica Sirko  
31 Stephen & Jane Porter

### Readings for the Week of Mar. 4<sup>th</sup>

#### Sunday 3/4

Luke 24:36-53 (6th Matins Gospel)  
Hebrews 1:10-2:3  
Mark 2:1-12

#### Monday 3/5

Isaiah 8:13-9:7  
Genesis 6:9-22  
Proverbs 8:1-21

#### Tuesday 3/6

Isaiah 9:9-10:4  
Genesis 7:1-5  
Proverbs 8:32-9:11

#### Wednesday 3/7

Isaiah 10:12-20  
Genesis 7:6-9  
Proverbs 9:12-18

#### Thursday 3/8

Isaiah 11:10-12:2  
Genesis 7:11-8:3  
Proverbs 10:1-22

#### Friday 3/9

Luke 7:17-30  
Isaiah 13:2-13  
Genesis 8:4-21  
Proverbs 10:31-11:12

#### Saturday 3/10

Hebrews 10:32-38  
Mark 2:14-17

### Upcoming Visit of the holy Icon, Softener of Evil Hearts

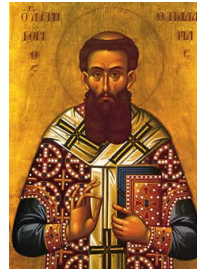
On Thursday the 15th, we will have the visit of the holy Icon, Softener of Evil Hearts. At 7 pm we will serve the Presanctified Liturgy in the presence of the Icon.



### Needs for Pascha Vespers

On Holy Pascha our parish traditionally celebrates with Vespers at 2 PM in a parishioner's home followed by a potluck feast. We are looking for a volunteer to host this grand event on 8 March. During the Vespers Service we will also need volunteers to read the assigned Gospel lesson from St. John in as many languages as we can. For this service any Orthodox Christian is eligible to do the reading. If you are interested in hosting this event, reading the lesson in a language other than English or if you would like additional information, please contact Deacon Alexander.

“... Adam chose the treason of the serpent, the originator of evil, in preference to God's commandment and counsel, and broke the decreed fast. Instead of eternal life he received death and instead of the place of unsullied joy he received this sinful place full of passions and misfortunes, or rather, he was sentenced to Hades and nether darkness. Our nature would have stayed in the infernal regions below the lurking places of the serpent who initially beguiled it, had not Christ come. He started off by fasting (cf. Mk. 1:13) and in the end abolished the serpent's tyranny, set us free and brought us back to life.”



— St. Gregory Palamas, The Homilies Vol. II

### Contemplative Prayer A Lenten Retreat

Led by Metropolitan Jonah  
Saturday, March 24<sup>th</sup>  
At St. Herman of Alaska Orthodox Church

9:30a.m.--5:00 p.m.

Akathist Hymn to the Theotokos  
Followed by the Divine Liturgy  
Lunch provided

Meditations and Discussion on the Prayer of Stillness

Please R.S.V.P. to [orthodoxchristianretreat@gmail.com](mailto:orthodoxchristianretreat@gmail.com)  
Registration: \$35

All are Welcome!

### LENTEN CHEESE FULL DISCLOSURE

