

St. Herman of Alaska Orthodox Church

A PARISH OF THE RUSSIAN ORTHODOX CHURCH OUTSIDE OF RUSSIA—EASTERN AMERICAN DIOCESE Great Vespers & Confessions each Saturday at 6 pm - Bible Study each Wednesday at 7 pm - Divine Liturgy each Sunday at 10 am 60 Clifton Chapel Lane, Stafford, Virginia 22555 - Mailing Address: P.O. Box 1295, Stafford, VA 22555 - Website: www.sthermanorthodox.org

Liturgical Services/Activities:

Sun. Aug. 26/Aug. 13 13th Sunday after Pentecost. Dormition (Theotokos) Fast. Venerable Maximus the Confessor (662 AD) 9:15 a.m. Choir Practice 9:30 a.m. Reading of the Hours 10:00 a.m. Divine Liturgy followed by Fellowship Hour 1:00 p.m. Parish Council Meeting Icon of Sophia, the Wisdom of God (Novgorod) Mon. Aug. 27/Aug. 14 7:00 p.m. Festal Vespers Tues. Aug. 28/Aug. 15 The Dormition of Our Most Holy Lady the Theotokos and Ever-Virgin Mary

Maximus the Confessor

Wed. Aug. 29/Aug. 16

10:00 a.m. Festal Liturgy

Martyr Diomedes the Physician of Tarsus in Cilicia (298 AD) 7:00 p.m. Adult Religious Education Class

Sat. Sept. 1/Aug. 19

New Hieromartyrs Alexander, Leo, and Vladimir priests (1918 AD)

4:30 p.m. Catechism Class 6:00 p.m. Great Vespers

Sun. Sept. 2/Aug. 20

14th Sunday after Pentecost. Prophet Samuel (6th c. B.C.) 9:15 a.m. Choir Practice

9:30 a.m. Reading of the Hours

10:00 a.m. Divine Liturgy followed by Fellowship Hour

Attendance

Great Vespers, 8/18 – 25 Divine Liturgy, 8/19 – 61

2018 Finances The Parish needs \$1756.77 /week to meet budget*

<u>Week</u>	Amount Received	Difference from amount needed
Year-to-date	\$ 61,896.16	+ \$8,542.75
August 12 August 19	\$ 1,864.00 \$ 1.567.00	+ \$ 107.23 - \$ 189.77
August 15	\$ 1,507.00	- \$ 105.77

Honor the Lord from your righteous labors and offer Him the first fruits from the fruits of righteousness, that your storehouses may be filled with an abundance of grain and your wine presses may gush with wine.

Intercessory Prayer List

Metropolitan Jonah requests that you send him to full name and general reason for intercessory prayer (such as health or illness, unemployment, family issues, military deployment to Afghanistan, etc.) for his pastoral care. Only the names of the living (and recently deceased) will be included in the prayer list in the weekly bulletin. He also requests that thefluxx faithful who have requested intercessory prayers for various persons let him know when there is no longer a specific need for payer, so that we may keep the list current.

LIVING: Met. Jonah, Rebecca Laymon, Judith (Maria) Cook, Ana Rosado-Nazario, Ann Yuschak, Sarah Heitke, Dsa. Monica Pappas, Paisley Joanna Milligan, Charles Jordan, Emma Nichole Parkinson, Rob Cornwell, Beth Baggett, Archpriest Alexander Webster, Katie (Salome) Supples, Robert Jenkins, Sarah Elizabeth Francis, Father Methodius, Donna Colaianni, Archpriest Michael Sekela, Patricia Connerley, Martha Connerley, Kathy Sekela, Mark Laymon, Kristin Blaylock, Janis Sergeant, Millicent Novic, Ray Liddick, Chad Gallagher, Matushka Cindy Joanna Mitchell, Protodeacon Brian Patrick Mitchell, Presvytera Flora Chioros, Father Stanley Voyiazakis, Monk Anthony (West Virginia), Archpriest George Larin, Matushka Masha Potopay, Matushka Sophia Doubleday, Evdokiya Bykon, Kevin McCarthy, James Dunham, James Puckett, Nora Milligan, Archpriest Victor Potapov, Archpriest Theodore Shomsky, Archimandrite Iov (Holy Trinity Monastery), Jo Ann Swift, Abbess Makaria, James and Bryce Wilt, Ryan Wilt, Logan Peters, Sandra Brown, Glen A. Cooper, Kiernan Green, Protodeacon Nicholas Lukianov, Matushka Nadejda Revitsky, Archpriest George Johnson, Lisa King Buka. Richard Buka Sr., Gene King, Larry Terrell, Matushka Larisa Hutnyan, Jackie Leopold, Ellaine Baron, Protodeacon Pavel Wolkow, Mother Theodora, Archpriest Alexander Veronis, James Kushiner, Michael Gann, Anders Bjorklund, Maria Papademetriou, Peter and Laura Roshak and baby Mark, Archpriest George Kallaur, Archpriest Paul Ivanov, Christina Spannic, Ksenia Resnikoff, Maximos Andreas Winans, Deacon Nicholas Pappas, Elizabeth Orlowsky, Conley Rohall, Jean Manco, Katherine Katsikas, Michael Kyle, Julia, Mark, Juanita, Marie Liller, Jimmy Lloyd, Jessica Anne Swift, Matushka Eugenia Neherbecki, Homer Lewis, James Perry, Debbie Vatistas, George Katsikas, Timothy Vlahos, Vasilliki, Wallace Sullivan, the captive Orthodox bishops from Aleppo, Syria: His Eminence Archbishop Boulos (Yazigi) and Mar Archbishop Youhanna Ibrahim

MEMORY ETERNAL: Aggeliki, Linda Gale Jordan, Nicholas Gramenopolous, Argyroula, Demetrios, Howard J. Stickley

HHH

Fellowship Hour

Aug. $26 \sim \text{Fellowship provided}$ by Team 4 Sept. $2 \sim \text{Fellowship provided}$ by Team 1

If anyone would like to join a team or be put on the list of substitutes, or is interested in hosting a particular Sunday please contact Nancy St. Clair.

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Reader Schedule

Aug. $26 \sim Reader \ Nicholas \ Sanford$ Aug. $28 \sim Reader \ Michael \ Yuschak$

If you are interested in assisting with the reading and becoming a tonsured reader please contact Deacon Alexander.

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Prosfora

Nancy St. Clair is currently providing the Prosfora. If you are interested in helping to make Prosfora for the church, please contact Nancy St. Clair.

We are registered with two broadcast media weather alert systems: (1) television: WJLA-TV (channel 7) and News Channel 8, and (2) radio: WTOP radio (103.5, 103.9, 107.7 – all FM) and WTOP.com Any closings will also be posted on the home page of our website and via email to those who have asked to be on our electronic mailing list.

Readings for the Week of August 26th

Sunday 8/26

Mark 16:1-8 (2nd Matins Gospel) 1 Corinthians 16:13-24 Matthew 21:33-42 Hebrews 7:26-8:2 St. Tikhon Matthew 5:14-19 St. Tikhon

Monday 8/27

2 Corinthians 12:10-19 Mark 4:10-23 Tuesday Reading 2 Corinthians 12:20-13:2 Mark 4:24-34 Galatians 5:22-6:2 St. Theodosius Luke 6:17-23 St. Theodosius

Tuesday 8/28

Luke 1:39-49, 56 Matins Gospel Philippians 2:5-11 Epistle, Theotokos Luke 10:38-42; 11:27-28 Gospel, Theotokos

Wednesday 8/29

Luke 9:51-56; 10:22-24 Matins Gospel 2 Corinthians 13:3-13 Mark 4:35-41 Colossians 1:12-18 Image Luke 9:51-56; 10:22-24 Image

Thursday 8/30

Galatians 1:1-10, 20-2:5 Mark 5:1-20

Friday 8/31

Galatians 2:6-10 Mark 5:22-24, 35-6:1

Saturday 9/1

1 Corinthians 4:1-5 Matthew 23:1-12

Sisterhood Meeting for Aquia Fest On Sept. 9th

Dear ladies,

Our main fundraiser the Aquia Fest will be held on Oct. 6th from 8:00 AM – 2:00 PM. I would like to have a Sisterhood meeting on Sept. 9th to discuss this. We need volunteers to help set up , man the booth, take down, and bake ethnic foods. Our 2 most popular items are baklava and spinach pies, however we are open to other foods. For consistency sake I think we should use the same recipes. I have included my recipe for baklava. (I use ½ almonds and ½ walnuts but if cost is an issue it is just as good with all walnuts.) All food items are donated. We also have a small white elephant table. Please price items to sell and be prepared to take back items if not sold. If anyone has any other ideas they think we should consider, let me know and we can address them on the 9th.

In Christ, Nancy

Parishioners' Directory Updates

Now that incorporation has been completed, we have been consolidating various lists of members of the parish. On Sunday, September 9th and September 16th during the Fellowship Hour, Reader Nicholas will be updating membership lists. Please make sure we have your correct contact information as well as Birthdays, Anniversaries, and Names Days. Thanks in advance for your support of this necessary update.

Know Yourself Abbot Tryphon

Know who you really are

We are all surrounded by fictional characters, persons who are the invention of filmmakers, promoters, and even self-inventors. The original meaning of the word "hypocrite" was "actor", and it is ignorance of our true nature as children of God that keeps us living as fictional characters, unaware of our own true purpose, the one God has chosen for us. When we stop relying on our own goodness, and stop deluding ourselves into thinking we do not need God, we can cast our entire focus on discovering our true self.

It is an ignorance of our true nature that is the base cause of so many living as though they were actors on a stage, afraid of what they might see if they were

honest about themselves. True self-awareness can only come when we are open to letting Christ into our lives, totally. Continuing to live comfortably behind the mask of self-delusion, we are content to live in a carnal world, where we think happiness has its base in partying, making money, having sex, eating and drinking, living in the best house, and "looking good".

We become a Hollywood promoter, living behind the mask of our own invention, fearing we will be less interesting to others if we are outwardly religious. We fail to realize it is not enforced austerity and deprivation that is required, but a submission in love to Christ that brings us new found freedom to be true to ourselves. Our new path leads to unspeakable joy and enduring peace.

"Indeed, if we consider the unblushing promises of reward and the staggering nature of the rewards promised in the Gospels, it would seem that Our Lord finds our desires, not too strong, but too weak. We are half-hearted creatures, fooling about with drink and sex and ambition when infinite joy is offered us, like an ignorant child who wants to go on making mud pies in a slum because he cannot imagine what is meant by the offer of a holiday at the sea. We are far too easily pleased (C. S. Lewis)."

With love in Christ, Abbot Tryphon

Taken from: https://blogs.ancientfaith.com/morningoffering/2018/08/know-yourself/

"He who gives alms in imitation of God does not discriminate between the wicked and the virtuous, the just and the unjust, when providing for men's bodily needs. He gives equally to all according to their need, even though he prefers the virtuous man to the bad man because of the probity of his intention."

+ St. Maximos the Confessor, Four Hundred Texts on Love 1.24, The Philokalia: The Complete Text (Vol. 2)